

Case Study 01

DYLAN

Dylan has a team of three PAs who help him to live independently. He is at his work Christmas meal, assisted by one of his PAs.

Dylan orders chicken. As the PA cuts into the chicken she notices that it is undercooked.

"You can't eat that, it's undercooked. We need to send this back and get you another one" says the PA.

Dylan responds; *"I don't want a different one. I want to eat this one. I'm starving and I am not waiting another half hour as everyone else will have finished eating"*.

"I'm sorry but I'm not letting you eat that" says the PA.

Discuss

Is this restraint?

What type of restraint is it?

Is it appropriate?

As the PA what would you do?

LET'S TALK ABOUT
Restraints